

Oral Piercings

Rinse the inside of the mouth 4-5 times a day for 30 seconds with antimicrobial or antibacterial alcohol-free mouth rinse. We suggest before bed and after you eat or smoke. Use a new soft-bristled toothbrush and store in a clean place. With a cotton swab & saline, gently clean the outside of the piercing site. Significant swelling, light bleeding, bruising, and/or tenderness are normal for the first few days. Once the swelling has subsided, replace the original, longer jewelry with a shorter post to avoid intra-oral damage. We are happy to swap it out for you!

Nipple Piercings

Prepare for a longer healing time. It can take upwards of 12 months to fully heal nipple piercings, though they may appear to be healed sooner. Avoid rough play and use caution with towels and loofas. Avoid oral contact. A tighter shirt and/or padded bra can be worn to keep the piercings protected, especially at night while you sleep. Make sure the material is breathable to allow oxygen to the piercing. Clean twice daily with saline.

Surface Piercings

Surface anchors and surface piercings have a high rejection rate. For best healing results, soak in saline twice a day, avoid using makeup and harsh cleansers or soaps around the piercing site, and do not touch. Signs of rejection include migration of jewelry, redness and increase size of entrance and exit holes, crusting or thinning of tissue in piercing site.

Your _____ Piercing
is expected to take _____ or longer to heal
Piercer: _____
Jewelry Size: _____

Shop Information

Skin Gallery Tattooing &
Body Piercing

1402 Ogden Ave,
Downers Grove, IL
60515

Open Tuesday-Saturday
2:30PM-9PM

(630) 493-1199

Piercing Aftercare



Happy Healing

Cleaning

*Always wash your hands before touching your piercing under any circumstance.

*Spray OR soak with saline solution and pat dry with a fresh, clean paper towel or cotton swab 2 times a day. We suggest using NeilMed or Recovery spray which can be purchased in our store, or eye contact cleaning solution purchased at any pharmacy/grocery retailer.

What to expect

*Initially, some blood, localized swelling, tenderness or bruising is common. (The length and diameter of your initial piercing jewelry is purposefully selected to allow the necessary space for swelling.)

*Discoloration, itching and secretion of a white/yellow fluid, and the formation of “crusties” are normal.

*Tissue around piercing may tighten and harden slightly. Healing time will vary from person to person, and from piercing to piercing. Follow the proper care routine for optimal healing.

What to Avoid

*Hydrogen Peroxide, Rubbing Alcohol, Bactine, petroleum products (such as Vaseline and Neosporin) and soaps (such as Dial) which contain triclosan, as these can all damage the cells and delay healing time.

*Cosmetics, lotions, sprays, and other personal hygiene products should not be put on or near the piercing during its initial healing period.

*Avoid over-cleaning and submerging the piercing in pools, lakes, ocean and baths.

*Rough play and physical activities that may involve the knocking, bumping, tugging and pulling of your piercing.

Infection

Normal irritation is commonly mistaken for infection. As a result, it may be one's first instinct to over-clean or remove the piercing which can actually cause further harm whether it is infected or not. Symptoms of infection may include excess of normal irritation, as well as a full-body immune system response (fever and swollen lymph nodes). If you have reason for concern, seek medical aid. Keep in mind that medical practitioners may not have extensive knowledge about piercings and proper procedure.

Pro Tips

Golden Rule-Leave it Alone!

*Unless there is a problem with the size, style, or material of the initial jewelry, leave it in place for the entire healing period. See a qualified piercer to perform any necessary jewelry change during healing.

*During the healing process, avoid sleeping on your piercing. Change your pillowcases daily for the first week if possible. (Tip: you can always use a clean inverted t-shirt as a pillow case!)

*For piercings above the neck, keep hair tied back and away from your piercing. Pulling and exposure to oils from hair can cause healing complications.

*Stay healthy. Remember, your piercing is an open wound and should be treated with sensitivity as such. Eating healthy, getting a good night's sleep and avoiding unnecessary toxins in and on the body will aid in the healing process.

*Try to avoid alcohol consumption and the usage of blood thinners such as aspirin within the first 24 hours of